

Name and Grade \_\_\_\_\_



## December SERVICE: HELP OTHERS



Hello Parents and Caregivers,

This month's project is a chance for your child to be of service to someone beyond your household. Who can they help out — a friend? a neighbor? someone in the community? This is their moment to widen their circle of service, without expecting anything in return. It will get them interacting with people outside of the four walls of your home, which in itself is a great exercise in getting out of their comfort zone! Being of service to others helps your child grow on a personal level and can bring them joy, happiness, and help them feel less self-centered. In choosing who they want to help out, and specifically how they want to help out, they are learning about themselves — discovering who they are and who they may become. Step back, and let your child discover their power to create a positive ripple effect on their world around them.

### What's Next?

1. Let your child take the lead in planning. Talk through options for their December project. **Look at the idea lists (posted online under "Let Grow" in the Current Families section of the website), or help them come up with their own idea.**

**SCAN ME!**



**Project Ideas List**

2. Project time! Step back, so your child can step up. Leave the room to avoid your child feeling pressured, and resist any temptation to jump in, or to help or supervise. Remember, letting go is an act of bravery!

3. **How did it go?** Your student will reflect on their page, you can think about the experience from your end.

- How did it feel to step back and let go?
- Did you learn anything about your child or yourself?

**Projects Due, this paper turned in to Mrs. Underhill, by Thursday, January 9th.**

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**December  
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What are you going to do for your project?

When will you do it?

What materials will you need if any?

What could go wrong? How will you handle it?

*Think through solutions to potential problems.*

Reflection

How did it go?

What was hard?

What was easy or fun?

What did you learn about yourself?

**Please turn this sheet into Mrs. Underhill's mailbox or her office in the nursery  
by Thursday, January 9th. Way to go!!**