

## **February LEADERSHIP: TAKE INITIATIVE**

Hello Parents and Caregivers,

February and March Let Grow themes are all about leadership. This month, your child chooses a project that gets them stepping into the role of leader by taking initiative and getting things started! Leadership can happen in so many different contexts - on the sports field, at home around family, around your friends, in a public setting, or even in how one chooses to interact online. Taking initiative can be as simple as inviting a new friend to join you at recess, emptying the dishwasher without being asked (one can hope, right?), or rounding up your friends for an epic game of tag or flag football. For kids who are feeling entrepreneurial, it might look like setting up a lemonade stand or hot cocoa stand. Notice how your child's sense of confidence and capability grows as they explore the role of leader!

## What's Next?

- 1. Let your child take the lead in planning. Talk through options for their February project. Look at the idea lists (posted online under "Let Grow" in the Current Families section of the website), or help them come up with their own idea.
- 2. Project time! Step back, so your child can step up. Leave the room to avoid your child feeling pressured, and resist any temptation to jump in, or to help or supervise. Remember, letting go is an act of bravery!
- 3. **How did it go?** Your student will reflect on their page, you can think about the experience from your end.
  - How did it feel to step back and let go?
  - Did you learn anything about your child or yourself?



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What are you going to do for your project?

When will you do it?

What materials will you need if any?

What could go wrong? How will you handle it? *Think through solutions to potential problems.* 

## **Reflection**

How did it go?

What was hard?

What was easy or fun?

What did you learn about yourself?