

# Track and Field Schedule 2026

UPDATED 2.17.2026

Practices are done by 4 pm.  
Pick up students at main school doors.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/15	3/16 Make sure all paperwork is turned in.	3/17 3:10 to 4:00 <b>Parent Athlete Meeting at 4!</b>	3/18 <i>No practice</i>	3/19 <i>No practice</i>	3/20 <i>No practice</i>	3/21 Spring Break Follow suggested workout plans
3/22 Spring Break	3/23 Spring Break	3/24 Spring Break	3/25 Spring Break	3/26 Spring Break	3/27 Spring Break	3/28 Spring Break
3/29	3/30 3:10 – 4:00	3/31 3:10 – 4:00	4/1 <i>No practice</i>	4/2 3:10 – 4:00	4/3 No school <b>Good Friday</b> <i>No practice</i>	4/4
4/5 <b>EASTER</b>	4/6 No School <b>Easter Monday</b> <i>No practice</i>	4/7 3:10 – 4:00	4/8 <i>No practice</i>	4/9 3:10 – 4:00	4/10 <i>No practice</i>	4/11
4/12	4/13 3:10 – 4:00	4/14 3:10 – 4:00	4/15 <i>No practice</i>	4/16 3:10 – 4:00	4/17 No School (Fine Arts Festival) <i>No practice</i>	4/18
4/19	4/20 3:10 – 4:00	4/21 3:10 – 4:00	4/22 <i>No practice</i>	4/23 3:10 – 4:00 <b>Last practice for 3+4 graders</b>	4/24 <i>No practice</i>	<b>4/25 Conference @Christian Liberty (AH)</b>
4/26	4/27 3:10 – 4:00 <b>3+4 Team Party</b>	4/28 3:10 – 4:00	4/29 <i>No practice</i>	4/30 3:10 – 4:00	5/1 <i>No practice</i>	<b>5/2 St. John Invitational @ Willowbrook H.S., Villa Park</b>
5/3	5/4 3:10 – 4:00	5/5 3:10 – 4:00	5/6 <i>No practice</i>	<b>5/7 Invitational @ Concordia (During School)</b>	5/8 <i>No practice</i>	5/9
5/10	5/11 <b>State only Practice for all State Qualifiers</b> 3:10 – 4:00 <b>5-8 Team Party</b>	5/12 <b>State only Practice for all State Qualifiers</b> 3:10 – 4:00	5/13 <i>No practice</i>	5/14 <b>State only Practice for all State Qualifiers</b> 3:10 – 4:00	5/15 <i>No practice</i>	<b>5/16 STATE MEET Prelims</b>
<b>5/17 STATE MEET Finals</b>	5/18	5/19	5/20	5/21	5/22	5/23
5/24	5/25 Memorial Day	5/26	5/27 6:00 pm Graduation	5/28	5/29 Last day of school- 3 pm	5/30

**3+4 Grade season is complete after the April 25 meet. 5-8 Grade season ends after the May 7 meet. Note team parties. All practices will take place at the Concordia University Track & Field Facility. Pick up after practice will be at the Grace School front doors on Bonnie Brae at 4 pm.**

Saturday, April 25 Conference Meet: This is the only meet where 3<sup>rd</sup> and 4<sup>th</sup> graders compete. -End date of their season.

Christian Liberty in Arlington Heights hosts. 3/4 Grades compete in the morning, 5/6, 7/8 are in the afternoon.

Saturday, May 2 Meet: This is a big invitational at Willowbrook High School, hosted by St. John's Lombard.

Thursday, May 7 Meet: We host the Grace Invitational. Smaller Lutheran schools attend. Please come and help!

Saturday, May 16 State Meet Prelims: Athletes who meet the State qualifying standards compete at Concordia U.

Sunday, May 17 State Meet Finals: Athletes who advance from prelims on Saturday compete in finals.